



# We are a resilient, respectful, community of Learners

## NEWSLETTER – 17 June 2021

### MOSSFIEL SCHOOL LEADERS

<b>PRINCIPAL</b>	Paul Maisey		
<b>ASSISTANT PRINCIPAL</b>	Dennis Osborne		
<b>INSTRUCTIONAL LEADER - Foundation</b>	Diane Delapa	<b>INSTRUCTIONAL LEADER - Years 1 &amp; 2</b>	Carmen Morrison
<b>INSTRUCTIONAL LEADER - Years 3 &amp; 4</b>	Andrew Morrison	<b>INSTRUCTIONAL LEADER - Years 5 &amp; 6</b>	Craig O'Donnell

### MOSSFIEL SCHOOL COUNCILLORS

Catriona MacLeod – President	Iris Carnat - Vice President	Jane Churchland - Treasurer	Linda Spencer – Minute Sec
Dennis Osborne	Nicole Aquilina	Louise Price	Jasmin Quinn Trencovski
Holly Brunnbauer	Chloe Bell	Jacqueline Drew	
Jo Brown	Desiree King		

### MOSSFIEL DIARY DATES

Tuesday	22 June	BBQ Day
Friday	25 June	Last Day of Term 2 – school finishes at 2:30pm
Monday	12 July	First Day of Term 3
Thursday	29 July	Year Foundation – 2 Swimming Program begins
Mon – Wed	16 – 18 August	Year 5/6 Campaspe Downs Camp
Mon – Wed	25 – 27 October	Year 3/4 Log Cabin Camp

Dear Parents/Carers,

Welcome back to school – I am hopeful that your young person not only re-joined their class well after this recent period of lockdown, but also that you had an enjoyable and relaxing long weekend. It is great to be back on site!!!

### **LAST DAY OF TERM**

A reminder that school finishes at **2.30pm on Friday, June 25<sup>th</sup>** in preparation for the holidays. Please make arrangements for the earlier collection of your children: Big Childcare's afterschool care program will commence at this earlier time. The first day of term three for ALL students is Monday, July 12 at 8.45am.

### **REMOTE LEARNING**

On behalf of the staff I'd like to extend a huge thank you to families for your support via WebEx, and with children learning from home during those two weeks when school was not an option. I'm sure it wasn't always easy, but it was great to see such a high level of engagement from our community.

I'd like to also take a moment to acknowledge and thank the staff for their huge efforts when moving into remote learning and then back to the face-to face environment, .all of it at short notice. We appreciate each one of you! Many of our staff were also juggling the similar work from home challenges as many of you - that of being a parent, supporting other family members, and continuing to meet the requirements of their teaching position. Their positive professionalism and dedication to their daily classes was evident throughout the period of remote and flexible learning.

The guidelines around parent access to our school continues to change. We will keep you updated through Compass. Please take note of these. We ask in particular that parents understand the importance of minimising the time spent on site and the need to sign in if you do come in through the gates. It is a great way we can show our respect for each other as a community by doing our bit to keep everyone safe.

### **SCHOOL REVIEW**

This week we took the next steps (albeit an online version due to current restrictions) in completing the school review process. The first of our fieldwork days was completed, where our leadership team, teachers and our parent community provided the review panel with valuable information about the schools current position with a view to create a plan for continued improvement for the wonderful students in our care. Unfortunately, the final two days have been postponed to next term as they are onsite work that cannot be completed with integrity under the current restrictions. I will keep the community posted as we complete this process.

### **BIKES & SCOOTERS**

The revamped bike shed ... well more of a compound, is open for business. The solution will see our bikes back in the rack and secure during the day. Please direct your young person to the shed and **don't forget your helmet!**



## STUDENT REPORTS

Teachers have been working hard on reports, which provide parents with the most up to date information about children's achievement. They will be released to parents via the COMPASS portal on Wednesday **June 23**. We encourage families to have read these and feel free to contact your child's classroom teachers should you have any questions or queries.

## 2022 ENROLMENTS

If you have a child who is eligible to come to school in 2022 (turning 5 years of age by April 30th 2022), we are accepting enrolments now. To enrol please contact the office for information. To help plan for this process you will need to bring:

- **Child's birth certificate**
- **Immunisation certificate**
- **Visa (Passport) if child is not born in Australia**

If you know someone who would like a tour of our school, we will; be running tours on Fridays at 10am once restrictions have eased. Please direct them to our website where you can find additional information: <http://www.mossfielps.vic.edu.au/>

## COVID SAFE:

As always, we remind our community to stay safe and continue our good Covid practices. This includes wearing masks if you enter the office or if you can't social distance outside, limiting time onsite, not entering the buildings at the moment and following the governments health advice.

A reminder that if you, your child, or a family member develops symptoms of COVID-19, you should not attend school. If children develop symptoms during the day, we will call you to collect them and take them home. Please do not send your child to school if they have any cold or flu like symptoms.

Take care,

*Paul Maisey*  
Principal

# EVERY DAY COUNTS

## ATTENDANCE FACT SHEET FOR PRIMARY SCHOOL STUDENTS

School is better when you're here

### DO I HAVE TO GO TO SCHOOL?

Yes, in Victoria everyone aged from 6 – 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you are away and wonder if you are OK.

### WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you are at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

### DO MY PARENTS NEED TO LET THE SCHOOL KNOW IF I'M GOING TO BE AWAY?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents might get a letter from the principal asking about why you're away.

### ARE THERE ANY GOOD REASONS TO BE AWAY FROM SCHOOL?

No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.

If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

## IF I'M NOT AT SCHOOL WHAT DO I MISS OUT ON?

You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge.

Being away means you might miss out on a lot of learning or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections.

Believe it or not, everyone wants you at school and it really is better when you attend.

## WHAT IF I'M HAVING PROBLEMS GETTING TO SCHOOL?

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

- Asking your parents for help getting ready
- Having a set time to go to bed
- Leaving all technology out of your bedroom
- Packing your school bag the night before with everything you need
- Having a set time for breakfast
- Planning to meet up with a friend so you can travel to school together.

Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends. Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. Many people want to help you. Try talking to:

- Your parents or another adult family member
- A trusted teacher
- Wellbeing Coordinator or the school counsellor
- Another trusted adult like your coach

### USEFUL WEBSITES/CONTACTS

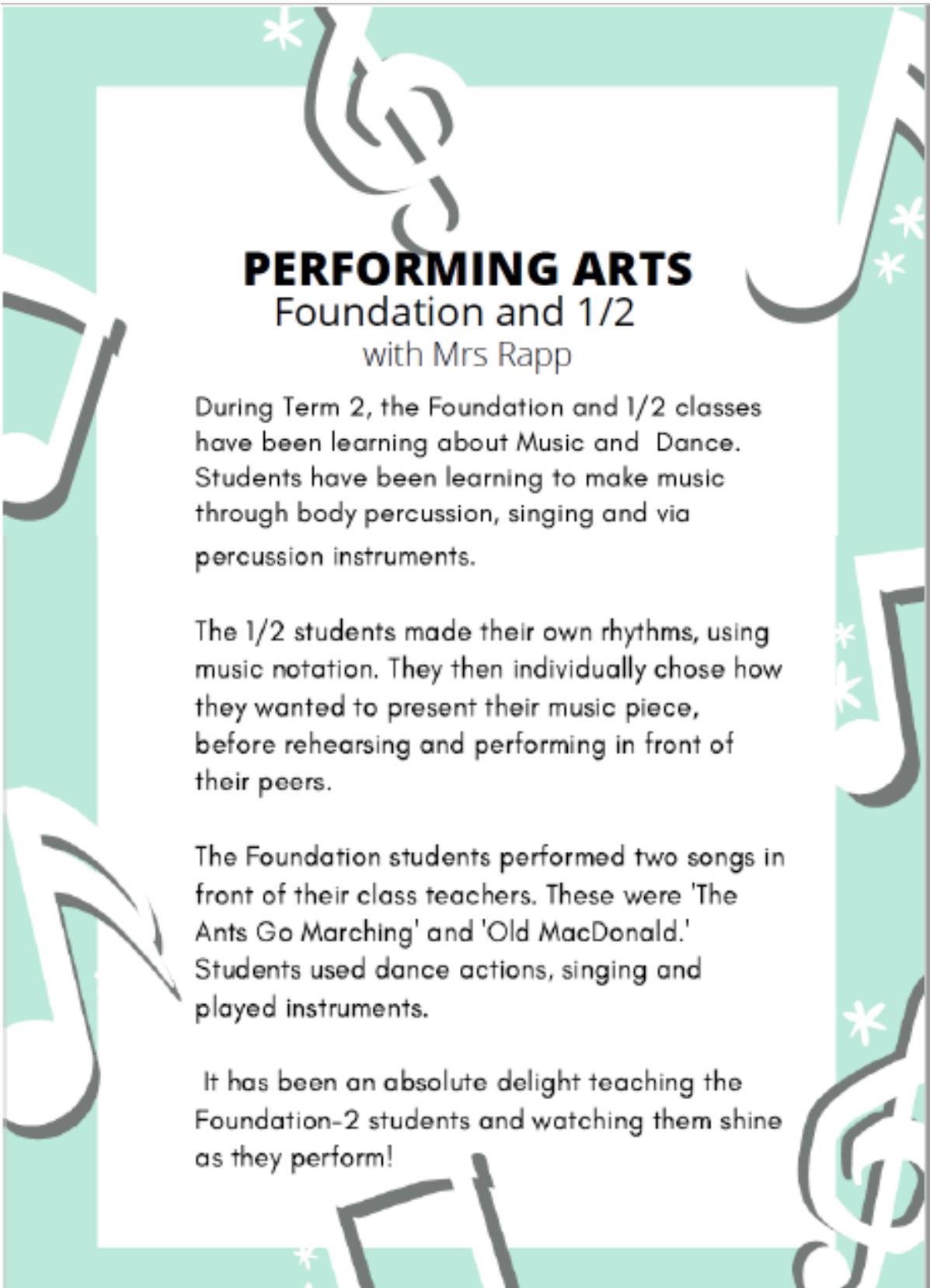
**Kids Matter** - [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)

**Youth Beyond Blue** -  
[www.youthbeyondblue.com.au](http://www.youthbeyondblue.com.au)

**Headspace** - [www.headspace.org.au](http://www.headspace.org.au)  
or e-headspace  
[www.eheadspace.org.au/](http://www.eheadspace.org.au/) for online  
counselling & support

**Reach Out** – [www.reachout.com](http://www.reachout.com)

**Kids helpline** - 1800 55 1800 24 hours



## **PERFORMING ARTS**

### Foundation and 1/2

with Mrs Rapp

During Term 2, the Foundation and 1/2 classes have been learning about Music and Dance. Students have been learning to make music through body percussion, singing and via percussion instruments.

The 1/2 students made their own rhythms, using music notation. They then individually chose how they wanted to present their music piece, before rehearsing and performing in front of their peers.

The Foundation students performed two songs in front of their class teachers. These were 'The Ants Go Marching' and 'Old MacDonald.' Students used dance actions, singing and played instruments.

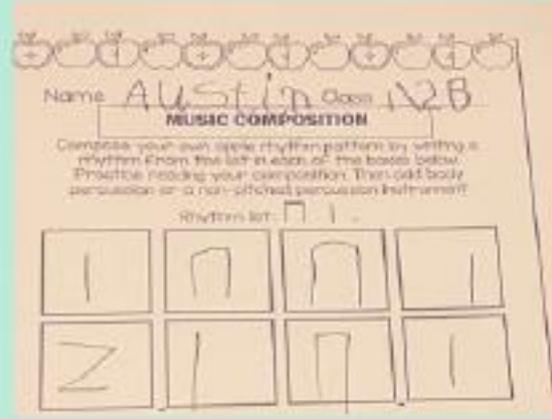
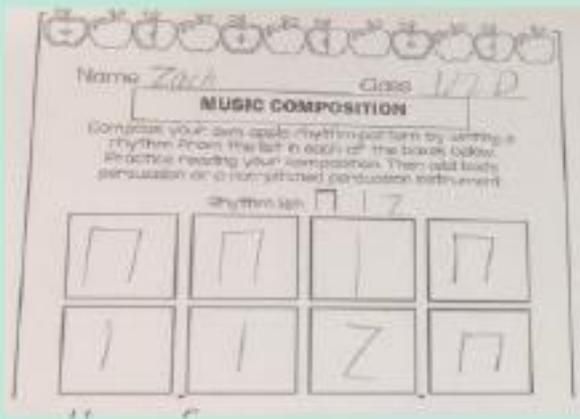
It has been an absolute delight teaching the Foundation-2 students and watching them shine as they perform!

# PERFORMING ARTS

Foundation and 1/2

with Mrs Rapp

## 1/2 RHYTHMS USING MUSIC NOTATION



## FOUNDATION SONG REHEARSALS





## Breakfast Club at Mossfiel!

Mossfiel has partnered with FoodBank Victoria to provide a nutritious, filling breakfast free of charge **every Tuesday from 8.15am in Block D**. Mossfiel's Breakfast Club aims to ensure students start the day with a healthy meal!

If anyone would like to join us for breakfast you are most welcome! No need to sign up, just turn up and come inside Block D and we will take your orders of cereal, fresh fruit, fruit cups, milk and toast.

If you are joining us for breakfast at 8:15am, please be aware that you are to stay in Block D until the yard is supervised from 8:35am.

A big thankyou to Bakers Delight Hoppers Crossing, who kindly donate bread for our Breakfast Club each week!



[library@mossfielps.vic.edu.au](mailto:library@mossfielps.vic.edu.au)

# Student Wellbeing



*Each newsletter I will be posting some exciting Wellbeing content for our community. This may include information about how you can support your children's and families' wellbeing, a snapshot on mental health issues currently prevalent in the community, or information about a local service in the area that might benefit you or your child.*

## **This week's topic is: Ideas for the school holidays!**

With school holidays just around the corner, it can be a great time to try different activities with your family! Below is a list of things you might like to try both inside and outside the home.

1. Make your own games. Get a supply of coloured cards, scissors, glue and anything else you may want to make some fun games. Games like Pin the Tail on the Donkey or Snakes and Ladders can all be easily made at home and keep you occupied for some time.
2. Cooking and baking. Once a week plan a cooking or baking day. Involve the kids in the process from the beginning- let them choose from a selection of recipes that you have ingredients for. If the child can read, get them to read from the recipe book. Step by step, help them to work through the instructions. Try to avoid the temptation of doing it yourself.
3. Make an obstacle course. Assemble an obstacle course in the back garden using old pieces of wood, boxes, buckets, garden chairs-anything that can be jumped over, under or around. Kids may like to time each other around the course. The course can be completed on a bike, scooter, skateboard, or simply by running.
4. Build a garden patch. Dedicate a small patch in the garden to the kids. Plant flowers, herbs, lettuce-anything that grows quickly and gives them the satisfaction of having produced something.
5. Go camping. Build a tent indoors or outdoors with blankets and sheets. Once the tent is up, use a torch or make a picnic to take with you!
6. Have a treasure hunt. Make a treasure map with clues to find some treasure you have hidden somewhere in the garden. It doesn't have to be expensive or big-any little treat will be exciting when it is found outdoors.
7. Get jamming. Grab some musical instruments-things like bongos, shakers or tambourines, and get jamming. Get your kids to sing and dance along.
8. Make a movie. Make a movie using a mobile phone or iPad and some Star Wars figures, teddy bears, household items. Write a script or make it up as you go!
9. Take nature walks. Go on nature walks with a purpose. On the beach, collect shells and stones to later make a shell castle or shell and stone sculptures. In the forest, you can seek out different sorts of bugs, plants or trees. Alternatively, use a map to plot the route you are taking.
10. Visit the library. Use your local library regularly. In most libraries you can get more than books; you can get movies and music. Make a day out of it. Do some reading while you're there instead of getting some books and heading home. Give your children a love of books-it is one of the best gifts you can give them.
11. Organize some play dates. Plan some play dates and invite friends over. While kids spend time with their friends it may give you the opportunity to get some work done and perhaps even connect with other parents.
12. Have a "Chill Day". With all that activity planned, kids will also need some down time. Make sure you plan some days where you just chill, watch some movies, read some books, and take it easy!

I look forward to hearing how everyone's holidays were and if you enjoyed trying some of these activities out!

Enjoy the break and stay safe. See you all in Term 3!

Katie Heenan

Mental Health and Wellbeing Coordinator

[Kathryn.heenan@education.vic.gov.au](mailto:Kathryn.heenan@education.vic.gov.au)



Happy birthday from the 14<sup>th</sup> June-27<sup>th</sup> June to:

**Fairy, 1/2D**

**Celine, 1/2E**

**Fajreslam, 3/4C**

**Sinalei, 3/4C**

**Eh Doh Soe, 3/4C**

**Angelina 3/4B**

**Samir, 5/6B**

**Jonathan, 5/6B**

**Tyrah, 5/6C**

**Trinity, 5/6C**

**Joseph, 5/6E**

## Wellbeing comes from physical, mental and emotional health

For children and young people, there are many things that build positive wellbeing. Wellbeing can come from:

- Understanding and managing their emotions
- Having good relationships
- Experiencing a sense of accomplishment
- Using our strengths
- Taking part in healthy activities, getting lots of sleep and eating well.

There are a range of things you can do at home to help build and sustain your child's wellbeing.

## Praise, encouragement and positive attention

Praise helps your child feel good about themselves, which boosts self-esteem and confidence. It can also encourage good behaviour.

You can:

- Give your child praise when they behave in ways that you want to encourage
- Give your child attention. Play a game with them, do an activity together, send them a friendly text message, ask about their interests
- Praise your teenager for their strengths
- Let your child know you are proud of them.

## Positive self-talk

Self-talk is the way we talk to ourselves with our inner voice. Positive self-talk is when we say positive things to ourselves. Self-talk has big impact on how we feel and what we do.

Encouraging your child to talk to themselves in a kind and positive way can help improve their wellbeing and help them manage stress. When you hear them speaking about themselves that isn't kind, you can:

- Draw it to their attention
- Ask them if what they are saying is true
- Get them to think of a more helpful thought
- Encourage your child to 'speak' to themselves the way they would speak to a best friend
- Regularly remind your child of their strengths and accomplishments.

## Maintain good relationships

A positive relationship with your child is critical to supporting wellbeing.

- Share family memories and stories together
- Try to eat a meal together each night
- Establish and maintain family rituals and routines
- Social connections are vital for your child's wellbeing. Helping your child stay connected to friends is important.



## Take notice or being mindful

Mindfulness is paying attention to how you feel and what you see, hear, taste and smell. It is the opposite of rushing and multitasking. Mindfulness is being in the present rather than thinking about the future or the past.

It can make us more aware of our thoughts and feelings and can help reduce stress and anxiety. Mindfulness can help us slow down and promotes rest and healing.

For more information about mindfulness with children and young people, see: [Smiling Minds](#).

## Practice kindness and gratitude

Gratitude is about taking some time recognise and celebrate the people and things we love and are thankful for. Being grateful can have a big impact on wellbeing as it strengthens relationships and makes us more optimistic.

You can help your child practice gratitude by talking to them about:

- Things that make them happy
- Things that inspire them
- People and things that nurture them
- Experiences and thoughts they would like more of
- Helping them notice small pleasures like a cool breeze or a warm smile.

Being kind to others also supports wellbeing. It promotes feelings of gratitude as well as compassion and empathy. Kindness helps to build a sense of community and reduces stress.

With your child, make a list of all the ways they can be kind to family, friends and your community. Together, chose a few things to practice being kind.

## Promote help seeking

It can be hard to ask for help but it is important that your child knows that it is okay. Encourage help seeking in your child by:

- Asking how things are going
- Letting them know it's okay if they are feeling sad or frustrated
- Listening without judgement when they seek out your support
- Providing teenagers with a range of information about where to get help if they need it.

For more information, see: [Looking after your child's mental health](#)

## Set rules and boundaries

Clear rules and boundaries help children and young people feel safe.

Involve your child in making the rules and they will be more likely to stick to them. Negotiating rules is a way of showing you respect their growing maturity.

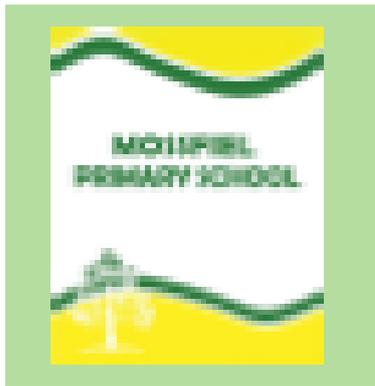
For more information, see [Raising Children Network](#)

## Getting support about your child

If you are concerned about your child's wellbeing, contact your child's school. Start with their classroom teacher, year level coordinator or the Wellbeing leader.

You can also contact [Parentline](#) 13 22 89 – a phone service for parents and carers of children from birth to 18 years old. Offers confidential and anonymous counselling and support for parenting issues.





# 2022

## ENROLMENTS OPEN

School tours run every Friday at 10am.  
Bookings essential!

All families  
are  
welcome to  
enrol and  
join our  
well  
established  
learning  
community



Call the  
school  
and book  
a tour

## CONTACT US

p. (03) 9749 1227

e. [mossfiel.ps@education.vic.gov.au](mailto:mossfiel.ps@education.vic.gov.au)

w. [mossfiel.ps.vic.edu.au](http://mossfiel.ps.vic.edu.au)

Enrolment forms  
are available at  
the office or on  
our web site

FOR MORE INFORMATION, CONTACT THE OFFICE ON 9749 1227

# COMPASS

All families should have access to the Compass Portal we use at Mossfiel PS. If you do not have your login details, please contact the school office.

Please see the QR code below to take you to the Compass Guide for parent & families.



**How To: Add an Attendance Note for an upcoming Absence**  
If your child is going to be away, you can add in an Attendance note to advise the school. To do so, click 'Add Attendance Note (Approved Absence/Late)'.

A Note screen will open. Select the applicable reason from the drop down list; add in any additional information if applicable in the Details/Comment box. Select the start and finish date/time of the absence and click 'Save'.

## How To: Add an Attendance Note for an Unexplained Absence

If your child has been marked Not Present without an explanation, you will be required to add an Attendance Note.

You will see an alert on your homescreen.

Welcome to the Magic P-12 College Portal

Use the links below for each of your children to explore the portal. Please keep your mobile phone number and email address up-to-date (Click on Update My Details). The school will use this to contact you regarding attendance, events, news and more.

**My News**

- Order your MSP school photo**  
msp You can now order your MSP school photo packs through your Compass portal. [Click here to place your order today!](#)
- Course Confirmation/School Payments**  
Course confirmation and/or school payments available for completion. [Click here to proceed](#)
- Payments Centre**  
Did you know that payments can be made through Compass for school fees, events, and voluntary contributions? [Click here for more information](#)
- Event Consent/Parental Required**  
There is 1 event awaiting your consent and/or payment. [Click here for more information](#)
- Attendance: Attendance Note Required**  
A note is required for sessions marked as 'Not Present' or 'Late' without explanation. [Click here for more information](#)
- MAGIC High Newsletter 2020**  
This month's newsletter is now available for viewing. Another daily email at Magic P12 inside soon! [View](#)
  - Sports Calendar Photos
  - Year 9 School Camp Information
  - Success at the Regional Science Competition
  - PSBIB (Daily Year 10's PSBIB 1000) (Science)

My Newsletter  
See list by Liz Larsen

Click the alert and it will take you to your child's 'Unexplained' attendance tab where you will see any sessions listed for which they were marked as Not Present or Late.

Student: Euan ABERCROMBIE - 10B, Year 10 Active

Dashboard Schedule Learning Tasks **Attendance** Reports Analytics Insights

Summary Notes/Approvals **Unexplained** Arrival/Departure

**Not Present/Late: Unexplained**

Explain with Attendance Note [Print Unexplained Letter](#)

Activity Name	Start	Finish	Period	Location	Staff	Status
MATH100	18/09/2020 08:50 AM	18/09/2020 10:45 AM		UNASSIGNED	SARAH	Not Present

Select the session for session(s) that you are adding a note for and then click 'Explain with Attendance Note'. This will cause the Attendance Note screen to pop open.

Attendance Note Editor

**Note Details**

Person: Euan ABERCROMBIE

Reason: Enter a reason...

Details/Comment:

**Important Notice**

In clicking 'Save', you understand, certify and accept that you are a listed parent/guardian for this child, and the information above is correct, and this online approval does NOT constitute a medical certificate, and students enrolled in VCE are required to submit a medical certificate to the school in addition to this approval, and any fraudulent action or intention in respect of this feature may result in administrative, criminal and/or civil action against you for your repeated school attendance errors AND/OR the student's future.

**Important Notice**

This will automatically insert the appropriate number of approvals for the selected sessions.

[Save](#) [Cancel](#)

Select the applicable reason for the absence and add in the relevant details/comment. Click 'Save'. This will assign the attendance note to the sessions you selected and they will update to no longer show as unexplained absences.

# VICSEG - Mossfiel P.S. Playgroup

## When:

Every Tuesday  
12.30pm to 2.15pm  
(during school term)

## Where:

Mossfiel Primary School  
15A Langridge St,  
Hoppers Crossing

Facilitated by a  
qualified Playgroup  
Leader



## For more information contact:

Karen Diacono

VICSEG New Futures

Ph: 8754 0512

E: [kdiacono@vicsegnewfutures.org.au](mailto:kdiacono@vicsegnewfutures.org.au)



Joe De Rose

Mossfiel Primary School

Ph: 9749-1227

E: [mossfiel.ps@education.vic.gov.au](mailto:mossfiel.ps@education.vic.gov.au)



**Connecting Children,  
Families and Community**

**\*\* FREE \*\***

## Playgroup offers the opportunity:

- For children to learn new skills through play.
- For children to learn to share with others and make new friends.
- Develop your children's thinking, social, emotional and physical abilities.
- Help prepare your child for 4 year old kinder and primary school.
- Meet other families from our school community.
- Get information about women's health, parenting, healthy eating, raising children in Australia and other services & supports in Wyndham.