

17 FEBRUARY 2022 • NEWSLETTER

MOSSFIEL PRIMARY SCHOOL

WE ARE A RESILIENT AND RESPECTFUL COMMUNITY OF LEARNERS

MOSSFIEL DIARY DATES

25 February	Bookclub due
27 February	Yr 5/6 Talk About It Workshop
15 March	Staff Professional Learning Day
8 April	End of Term 1
26 April	Start of Term 2
28 April	Yr 5/6 Talk About It Workshop

FROM THE PRINCIPAL

Dear Parents/Carers,
It has been great to see our community back at MPS. The school has been alive with the buzz that we have missed throughout the pandemic. Moving forward, we still have to work together to keep each other safe. From a school perspective the classes have settled in well and I am excited by the learning in each and every grade.

Parent Teacher Conferences (PTC)

This week we held our first PTC for 2022 online using WebEx. It was great to see parents using their IT skills to problem solve any connection issues. For those who could not make it, the teachers will be following up. These interviews form an important part of the schools reporting system and the meet and greet is a great way for us to get to know your child a little more and for families to connect with your teacher.

School Council Nominations

Each year the school goes through a process of nominating and electing representatives from the community to join our school council and support the school's strategic direction as we continue to improve as a learning community at MPS. If you are considering nominating, please contact the office or download a nomination form from Compass and submit by 4pm Monday 21st February.

New Staff

I would like to introduce you to two new staff members in the MPS community. Brad Morgan and Jenny Verigos. Both come with a wealth of experience and have fitted seamlessly into their respective learning communities.

Make sure you welcome them when you see them in the yard:



Brad Morgan 1/2B



Jenny Verigos 3/4M

Big News

Katie Heenan who was with us last year has had her baby!!! They welcomed Clementine 'Mimi' Rachel Bethune at 3:54am on new years day! Everyone is doing really well and Florence is loving having a little sister!



Breakfast Club

It has been great to see our students enjoying breakfast club. For those who haven't ventured down it is open every Tuesday and Thursday morning before school in block D.

Rapid Antigen Tests (RAT's)

You may have heard that the government is continuing the Rapid Antigen Test surveillance program in the school system for the remainder of the term. From a school perspective this is good news as it helps keep us at school. This week we handed out the second shipment of Rapid Antigen tests to families. Thank you to those families who have collected them. For those families who have been unable to collect them, you can now call the office on 9749 1227 and give the school permission to send them home with your children. Testing is strongly recommended twice a week for students and staff.

After doing the tests at home, if it is positive, you will need to:

- let the school know
- keep your child at home for 7 days
- contact the Department of Health via the COVID-19 Positive Rapid Antigen Test Self-Reporting Form or call centre on 1800 675 398.

For more information, please see Compass. As always if you have questions, please feel free to contact the school.

Outdoor Classroom

It is exciting to let you know that the school has received funding to install a shade sail over an outdoor classroom. In consultation with the school council, we have decided to cover the chess board located at the edge of the gym. The seats and position make it an ideal place for teachers to take their learning outside. Keep your eye out for works in this area.



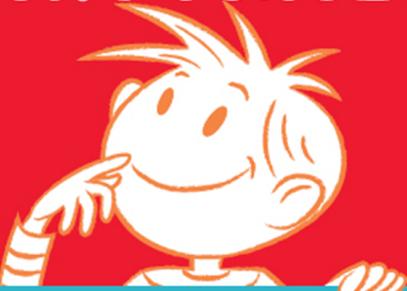
*Take care,
Paul Maisey
Principal*





If you are a parent or carer and you need assistance with your child's uniform, school shoes, hat, underwear or bathers, please come and speak to Shelley in the office or Dennis Osborne or Louise Price.

DON'T FORGET!



SCHOLASTIC
Book Club
orders are due:
25 February

A red banner at the top contains the text "DON'T FORGET!". Below it is a cartoon illustration of a boy with spiky hair, looking thoughtful with his hand to his chin. The bottom section has a white background with the Scholastic logo and text.

Breakfast Club

**SCHOOL
BREAKFAST
CLUBS PROGRAM
BREAKFAST CLUB**



ALL STUDENTS WELCOME

A purple banner at the top contains the text "SCHOOL BREAKFAST CLUBS PROGRAM" and "BREAKFAST CLUB" in white. Below the banner is an illustration of breakfast items: a carton of milk, a bowl, an apple, and an orange. At the bottom, a white banner contains the text "ALL STUDENTS WELCOME" in red.

**TUESDAY AND
THURSDAY IN
BLOCK D**

Student Wellbeing

Hello again!

I'd like to say a big well done to our Mossfiel families for making such a smooth transition to the new school year!

It has been lovely seeing your children enjoying their learning and having fun outdoors. The beginning of the school year is full of change and you may find that your child is feeling very tired at the end of the school day, or experiencing separation anxiety as they adjust to school. I have put together some suggestions below for supporting your child through this time.

Remember, if you see me in the school yard, please feel free to say hello.

Have a wonderful weekend!

Kym Langfield

Breakfast Club

Breakfast Club happens every Tuesday and Thursday, with a new starting time of 8.25AM.

We have a choice of cereals, toast, spreads and drinks, thanks to FoodBank.

Please remember to arrive before the bell to be served (at least 5 minutes before).

Thank you Mrs Elliott and Mrs Rapp for volunteering recently!



After-School Tiredness

During the school day, our students are working very hard, so it is natural for them to be very tired after school.

The needs of all children are different and for some children, they may need assistance in finding calming activities that are right for them. Finding the right activities takes some trial and error, but once you find the right 'mix' it can not only help your child's wellbeing, but can avoid after school meltdowns.

You might find some of the following calming activities helpful for your child:

- Listening to gentle music
- Reading or listening to a story
 - Colouring a picture
- Eating - refuelling after a busy day!
- Watching TV - try to limit the amount of screen time
- Exercise and fresh air - any movement that your child enjoys
 - Playing with their favourite toys
 - Plenty of rest and sleep

You can also read more about after-school meltdowns by clicking the following link:

<https://www.abc.net.au/news/2020-02-21/tantrums-behaviour-children-burnout-self-regulation/11978106>



I acknowledge and pay my deepest respects to the Aboriginal and Torres Strait Islander peoples of the Kulin nations on whose lands I work and live.

Separation Anxiety

When children reach school age, it is less likely that they'll experience separation anxiety, however with the changes of a new school year, you may find that your child has become upset about being separated from you.

The good news is, there are lots of things you can do to help your child, including the following:

- Tell your child when you're leaving and when you'll come back
 - Say goodbye to your child briefly - try not to drag it out
- Keep a relaxed look on your face - this will remind your child that you are leaving them in a safe place
- Let your child take a small toy or object from home - you can gradually phase this out as they feel more settled
 - Speak to your child's teacher so that they can provide support for your child
- No matter how frustrated you feel, avoid being negative about your child's anxiety
- Give lots of positive praise when your child has been brave being away from you

For more information about separation anxiety, please click the following link:

<https://raisingchildren.net.au/babies/behaviour/common-concerns/separation-anxiety>

If you have concerns that your child is experiencing ongoing or severe anxiety, you can receive further support by speaking to your child's GP, who will be able to refer you to an appropriate mental health practitioner.



Road Safety

It's fantastic to see many of our students making their way to school by walking, or riding bikes and scooters.

It is important that we have frequent conversations with children about road safety, to guide them to becoming safe and independent road users.

Starting Out Safely is a road safety education program, which has a dedicated page to parents.

You can find excellent information about:

- Helmets • Being a role model
- Road safety songs - there's even a rap song!
- Road safety books • Road safety education at home

Please click on the link here:

<https://childroadsafety.org.au/parents/>



Student Birthdays

Many of our students celebrate their birthday in January and February!

Wishing a very happy birthday to:

MOHAMMED VIRAJ AMIRA LEON
KARAM GRACIE PARLEEN ACUNG
EMILY ANNIE NICO PRITHY PETER
ALEX SHELBY EH NE MOO SHEE HOPE
ANIKA JAX JESSICA U JESSICA B
AHMED NGARIMU KAI JORDAN MARWA
BOIZATHONG NEHAN YUVREEN EZEL
VIVIENNE ZAHRA LILY ANGELA AMAN
HUNTER MARIAH STEPHANIE HAYDEN
LAURELLEE WYNTER HARRY XANDER
JOELLA MARCO SAPPHYRA MAXWELL
BILAL RUBY KAYLA
YWA BLUE MUE SHEE MILEE TAINUI
ANGELICA LEXIE-QUINN LILLY W HOLLY
ZAYN SARAH G AYE MYA NOE SARAH S
ZAHRA H PEYTON ESTHER
SU PAW CLAY NOAH

MOSSFIEL SCHOOL LEADERS

Principal • Paul Maisey

Andrew Morrison

Diane Delapa

Assistant Principal • Dennis Osborne

Craig O'Donnell

Carmen Morrison

MOSSFIEL SCHOOL COUNCILLORS

President • Catriona MacLeod

Desiree King

Jacqueline Drew

Louise Price

Vice President • Iris Carnat

Dennis Osborne

Jasmin Quinn Trenevski

Jo Brown

Treasurer • Jane Churchland

Nicole Aquilina

Holly Brunnbauer

Chloe Bell

Minute Sec • Linda Spencer