

14 JULY 2023 • NEWSLETTER

# MOSSFIEL PRIMARY SCHOOL

WE ARE A RESILIENT AND RESPECTFUL COMMUNITY OF LEARNERS

## MOSSFIEL DIARY DATES:

On NOW	Cadbury Chocolate Fundraiser - now half price!
27 July	F-2 Learn to Swim Program begins
8 September	Colour Explosion Fun Run

## FROM THE PRINCIPAL

Dear Parents/Carers,

Welcome back to Term 3. I hope you had a relaxing and restful break and are ready for another great term of learning. Please note that term 3 is the changeover point for our arts program. Students in years F,1,2 who had Visual Arts will now have Performing Arts and children in years 3,4,5 and 6 will now have Visual Arts.

### HOLIDAY GROUND WORKS

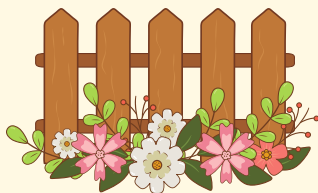
Over the holidays we continued our improvement journey at Mossfiel revegetating the fence line on Weidner Street and filling the playgrounds with soft fall mulch to meet safety guidelines of keeping our students safe. Below are some pictures however they look better in real life so be sure you drop past and have a look. We have also started upgrading our student tables.



## Weidner Street



## Mulch



## Fence Replacement

The school and School Council have worked hard to plan the continued upgrade of our facilities and as you may have seen we have begun the long-awaited fence project. The first stage of this project is to replace the fence around the school's yard and then stage two will be the front entrance to the school and adjoining Block C carpark. Below is some progress pictures and an outline of the plan. It looks pretty good and I can't wait for its completion.



### ASSEMBLY - STUDENT AWARDS

It is always great to hear how our students have demonstrated our school values. Well done to all the students receiving awards. 😊



### ASSEMBLY - SPECIALIST AWARDS

Each term our specialist team recognise the positive achievement of students in the specialist programs. (Visual Art, Performing Art, Digital Technology, Italian and Physical Education) Well done to those students who received an award.



### Think Community

Last term it was great to see our students picking up papers and 'Keeping Mossfiel Clean'. As part of an SRC initiative students seen keeping MPS clean are given a raffle ticket and it is drawn at assembly each fortnight. Below are this week's winners ... well done!



### Now accepting 2024 Enrolments

If you have a child who is eligible to come to school in 2024 (turning 5 years of age by April 30th 2024) we are accepting enrolments now. To enrol please contact the office for information. To help this process you will need to organise and bring:

- Child's birth certificate
- Immunisation certificate
- Visa (Passport) if child is not born in Australia

If you know someone who would like a tour of our school, we will be running tours on Fridays at 10am. Please ask them to call the office to book a tour or direct them to our website where you can find our virtual tour: <http://www.mossfielps.vic.edu.au/>

I look forward to a productive term.

*Take care,  
Paul Maisey Principal*



## CLASSROOM CHALLENGE

Welcome back everyone, just to recap, the **winning class** for **highest attendance** rate for Term 2 was **1/2F**.

they will have a special lunch provided by the school sometime this term.

We are **running this challenge each term**, so keep up the good work!

**From the Attendance Team**



## COLOUR RUN FUN AT OUR SCHOOL SOON!



Did you hear the exciting news? We are hosting a Colour Explosion School Run 4 Fun this term.

Our fundraising will be opening at the start of August. Make sure you keep an eye out for your child's sponsorship booklet to get started.

There are many wonderful prizes students can earn through their individual fundraising.

Here's to a colourful 2023!

## FAMILY WELLBEING NEWS

I respectfully acknowledge the Bunurong people, Traditional Custodians of the land on which I work and live and pay my respects to their Elders past, present and emerging.



**“WOMINJEKA” - HELLO AND A WARM WELCOME TO TERM 3, AT MOSSFIEL P.S. !**

### ABORIGINAL LEARNING

#### NAIDOC WEEK

National NAIDOC Week took place during the school holidays, from Sunday July 2nd to Sunday July 9th and the 2023 theme was, “For Our Elders.” This week at Mossfiel, our students have been enjoying a wide range of fun Aboriginal activities, including creating their own Aboriginal art on Monday, enjoying a fun Aboriginal game with Mr Barlow on Tuesday, a whole school picnic on Wednesday, Aboriginal dreamtime on Thursday and chalk drawings on Friday. It has also been lovely to see some of our students and staff bringing along and wearing special Aboriginal accessories and artefacts from home. Please enjoy a selection of photos from our NAIDOC celebrations below:







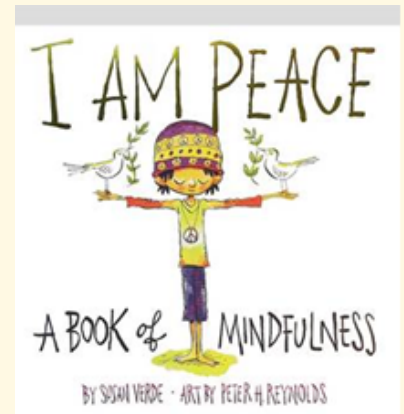


## MINDFULNESS AT HOME

Mindfulness is an awareness that emerges when we pay attention, on purpose, in the present moment.

To practise mindfulness, we use our senses, emotions and thoughts.

There are many benefits of mindfulness for children and adults, including improvements to our mental health and wellbeing, emotional regulation, easing of anxiety and stress and the development of organisational skills.



For mindfulness to be effective, it is suggested to practise it consistently - even short periods each day can make a significant difference.

There are many mindfulness activities that you can try at home, with your children. Some examples include:

- Going for a family walk and using the 5 senses - Eg. What can you hear? What can you see? What can you feel?
- Sitting in a comfortable position and taking slow, deep breaths - you may like to close your eyes and use your sense of listening at the same time.
- Play some favourite or interesting music and then draw or paint what you can hear.
- Have a sensory scavenger hunt outside - eg. Find something that feels bumpy, smooth, soft, etc. Find something colourful, spotty, round, an interesting shape, etc.
- Mindful colouring or drawing, including Zentangles.
- Mindful eating - this is a fun one! Try cooking popcorn in the microwave, then watch and listen to it changing, then using the smell and taste senses to enjoy tasting it!

Please feel free to chat to Mrs Langfield if you would like to learn further ways to get involved in any of the above mindfulness activities, or if you would like to learn more ideas.



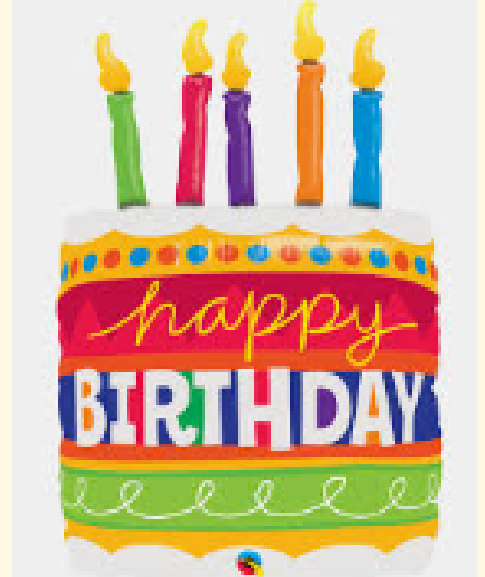
Cadbury boxes **NOW HALF PRICE** - at the school office.

## BIRTHDAY CELEBRATIONS!

We would like to wish a very happy birthday to our Mossfiel students who have their birthday in JULY.

We hope that your child has a wonderful day!  
“Happy birthday to...”

MEHTAB IMAAN MADINA JULIA BLAKE  
LILIANA CHAYCE SAJID RAJ-DEAN MATTHIAS  
ARIS VALERIE YOUR HEH THA ALEXANDRA SU  
MU SUIZI BRIANNA AMINAH MALO IBRAHIM  
MICKY HATTIE NIKOLAI ILIYAS SEFTON  
SONDOS ANIKA SUITHA JAMES



## BREAKFAST CLUB NEWS



Now that winter is in full swing, Tuesdays and Thursdays are the perfect time to come along and warm up, with some hot toast and a nice, cosy place to sit in Block D.

We also have a range of cereals, milk drinks and fruit to enjoy.

See you at the club from 8.25am until bell time!

Best wishes from  
**Kym Langfield**

Mental Health and Wellbeing Leader



## MOSSFIEL SCHOOL LEADERS

### Principal - Paul Maisey

Carmen Morrison  
Dennis Osborne

### Assistant Principal - Shannon Taylor

Diane Delapa  
Craig O'Donnell

## MOSSFIEL SCHOOL COUNCILLORS

President : Mistie Foley

Vice President : Chloe Bell

Treasurer : Jane Churchland

Minute Taker : Linda Spencer

Desiree King

Dennis Osborne

Nicole Aquilina

Jacqueline Drew

Iris Carnat

Louise Price